

## What is Transition?

At 18, all children legally become adults and will be transferred to adult services, even if they have decided to stay at school.

Children who decide to leave school at 16 should receive a leaving school health check and a Health Action Plan that details their health needs and how these will be met in the future. Transition planning should continue after they have left school, and their transition plan should be sent to the next service they will be attending. At 16, some of the benefits the child is entitled to may change, and they may be able to apply for direct payments or Individual Budgets allowing them to pay for their own services.

It is recommended that all stakeholders and people involved with children who will transfer to Adult services at 18 years of age should begin to look at the child's Transition Plan from as early as the year that the child is 14 years old.